

Matt Rawlins PhD



A little book that's yours to give away.

Art (pg 42, 54, 60, 66) is from a friend and good artist, HT. It is put in to give you a moment to slow down and reflect.

Deep appreciation to Scott Tompkins for editing help and wisdom.

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That sounds like some kind of an evil thriller.

Actually, it's the opposite of that.

Butlet me begin in a simple way.



I have a hard time being fully present to life



If I'm honest, I would have to admit that I am a coward at heart.

But. I'm changing that

If you find a little bit of fear of showing up in you...

WELCOME to the HUMAN RACE!

I got a Ph.D. to try and figure it out. Also, to cover up my insecurity.



You do know you are not supposed to admit that?

I have a part of me that says,
"I have to show up.
That's the only way I will know if I am alive."









9

I looked around to see if others are struggling with this.







As a Lover of God.
How do I frame
this desire and work
with it in a healthy
life-giving way?





Love makes space for, and welcomes you into their "presence"

God summons me to be fully present to life.

To be honest, it has been a major struggle in my life.



I want to but I'm terrified of it.

I've heard of people like:



Augustine



Bonhoeffer



Francis of Assisi



Mother Teresa

They changed the world by being present.

I get it that God wants them to show up...

But ME?

Does that make sense to you?

Is this just my own insecurity?

Or do others struggle as much as I do??

What about those in the Bible who have gone before me?

Adam and Eve hide from the presence of God.

Moses doesn't want to show up to face Pharoah.

Cain turns violent rather than face his brother's presence.

Aaron makes a golden calf so that he can show up before the people

Elijah flees for his life and hides in a cave.

David kills Uriah to protect himself because he showed up with Bathsheba.

Israel refuses to show up in the promised land because there are giants in there.

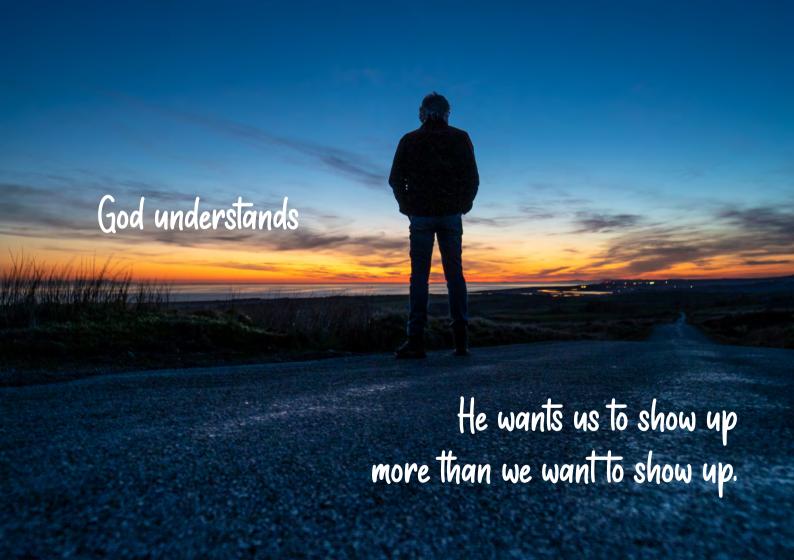
These are hero's of the faith, right?

And the list goes on, and on, and on, and on, and on, and...



There is a long history of 'failure in how we show up.'

Exactly, why the bother?



He saw we lost the plot and all we can do is: Play the victim Blame others Lash out in violence Or, be seduced in our false comforts.



HE Emptied Himself of power

and came to live among

us.





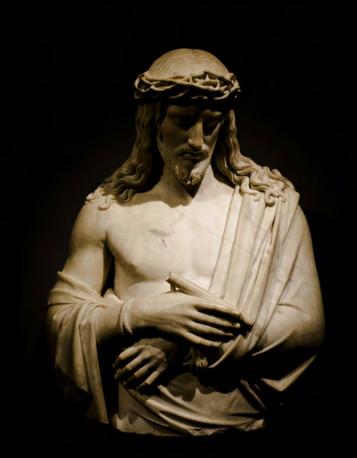






Jesus

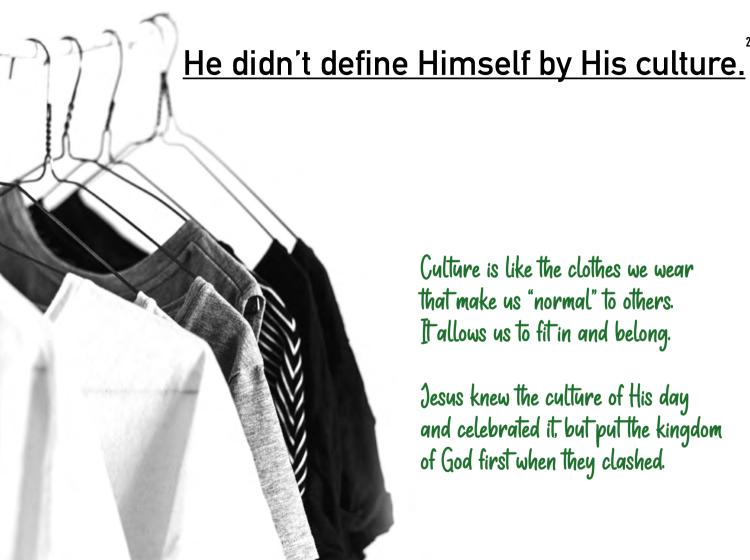
Humility on display: Fully God, Fully Human and Fully Present.



Let's look at how Jesus is present in the midst of an uncertain world that has lots of pain and fear,

Is that even possible?





Culture is like the clothes we wear that make us "normal" to others. It allows us to fit in and belong.

Jesus knew the culture of His day and celebrated it, but put the kingdom of God first when they clashed.

Each culture has certain things that you do or don't do.

In Singapore

- √ You don't wear your shoes in the house.
- √ You think of the group before self.
- √ You don't lip.
- √ Stand on the left side of the escalator.
- ✓ Don't create religious tension.
- √ Treat your elders with respect.



Many of the above are small things that show you are a part of the culture.



Jewish culture of His day had much harsher rules than these.

And Jesus clashed with them when they didn't represent the presence of God.

He washed His disciples' feet.



He talks with a Samaritan woman.

Race, gender, marital status didn't define who He was present to or made room for.

The lowest of the low.

Is someone searching?

Jesus is fully present to them in their search.

So far His presence is not defined by:

Cultural norms

Role or status

A social outcast





He is fully present in that He values, is engaged with and deeply cares for the people around Him.

But is not defined by them.



He let a prostitute wash His feet with her hair.

Can you imagine
a leader of a church
letting this happen today?
Not a charce
Not a charce
They are too holy.

In spite of what people will say,

He makes space for her

to be present with Him

in her own unique way.

How can you have no anxiety and be fully present with all that swirling around you?



Second place
is worlfless
litis given
to the first-loser.

Competition says I have something to prove, something to justify (my existence).

I want others to know
I am powerful and
I am better than them.

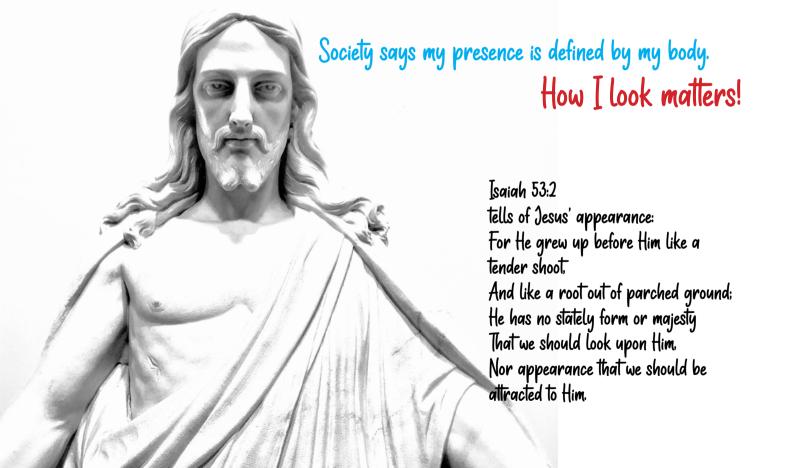
The scribes would challenge Jesus.

"Whose authority do you have?" "I bet you can't do a miracle here and now!"

He had nothing to prove but everything to reveal to those who wanted to see.

He gave up how others viewed or defined Him (His reputation), as His only desire was to be fully present with the Father.

He didn't allow His nature to define Him.



Keeping it simple.

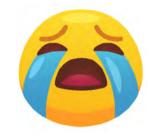
Jesus could choose whatever body He wanted to show up in. He chooses one that is bland, boring, plain and simple.

Awe Come on. Does the man have no vanity? NOPE

You could walk right past Him and nothing about His appearance would appeal to you.

But they felt His presence and knew He was different.

He wasn't afraid to show His feelings.



He weeps in public



He is angry at those who abuse the grace of God.



He is moved with compassion for the poor and hurting.

He is fully present with His whole mind, body, soul, and strength.
His presence was expressed through it all





It took me 40 years to be able to cry with people who are hurting, and I still have a reserve when I do it.

I prefer not to show emotions, which means I prefer not to be fully present.

Lets not get too personal.

That little revelation hurts, but I realize being present requires being vulnerable with my emotions.

He didn't react when others rejected Him.

Judas, what a scumbag.

We all have encountered someone like him.
A friend, family member or co-worker who:

- Steals from you.
- Criticizes you behind your back
 - Sells you outfor money or power.
 - Kisses you and then stabs you in the heart.

Jesus is present with Judas the whole time. He creates space for him and treats him with underserved kindness.

Kick him out Jesus and make him pay.

When Judas goes to the dark side, Jesus doesn't react, get angry or even put Him down. He painfully tells him to do what he needs to do and then gets on with His calling.

A reflective break

How protected is your presence?



My friend HT is an artist and I include some of his work to give us a break.

He wasn't hurt when others didn't serve Him.

If anyone, at anytime, anywhere in the world should have been served, it was Jesus.

He showed up with a desire to serve.
honour and respect people. That attitude protected
Him from being destroyed in His interactions with us.

Jesus should have shouted at them, "Don't you know who I am?"

Don't get Him wrong, He is not a doormat, a passive, measly wimp of a human being who belittles Himself in the name of some strange definition of humility.

NOPE, notatall He was present to people and His presence was not defined by how they reacted or gave back to Him.

Add to this Self-Pity OR maybe I should say, the lack of it.

To the women wailing for Him as He is beaten and on the way to the cross. He says, "Daughters of Jerusalem, stop weeping for Me, but weep for yourselves and for your children."





It's crazy

He sets the bar so high for being fully present.

I didn't say this was going to be a pleasant journey, did I?

I surely am not saying I can do this.

I am just looking for someone with the goods who can show me THE WAY.

Shall we labour on?

He chose love over power.

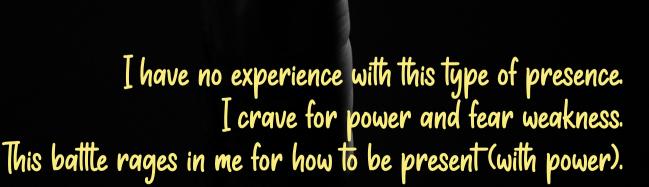
His presence was not defined by the power He had.

Is there no lust for power or fear of weakness in Him?

Yes, He was tempted to call on the angels to save Him but resisted it because He choose love over power.

He goes further and defines Himself as a servant.

A completely powerless role no one wants.



Who dares show up when they are weak?

I like showing up when I have power (isn't that the purpose of power?), but this takes being present to a whole new level.



He is the only unbroken, whole, perfect human being in the history of our broken world.

He didn't clothe Himself with arrogance, acting like He was better than us or putting us down.

If I am better than you I want you to know it

He actually took on our brokenness, MY brokenness. So that I don't have to be afraid of it in me.

When He was dying like a criminal on a cross for no wrong that He did, He is not ashamed of it and speaks out forgiveness to those who put Him there.

At His lowest point, He calls out to the Presence of all PRESENCE and commits His presence into His hands.

SUMMARY

He forgave those who hurt him.

Chooses love over power.

He didn't have to prove anything.

I know we are using English, but the real meaning of those words I don't understand.

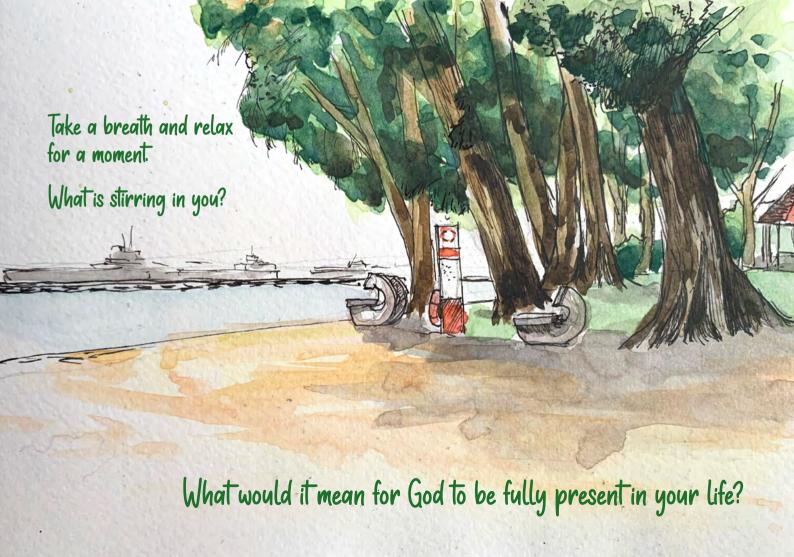
REFLECTION

I find myself drawn to this strange "light" that I see in Him.

At the same time I am not a silly moth and I know the flame of it will kill me.

What do I do with this strange desire in me?

Do you find that strange desire in you?



He didn't define His presence by His possessions.

He who possesses all things, gave up those possessions and was fully present while owning nothing.

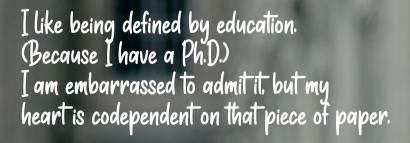
He was as poor as any person who walks the earth today. Yet, He was more present than the richest person alive.

Awe come on If you got it flaunt it What's the use of having stuff if others can't see you with it

Oh, Also...

Job, titles, role or education.

He gave up being God, so none of these had any appeal to Him.



He sought out people who were not perfect.



His circle of friends consisted of fishermen, a tax collector, a nationalist and more.

Even a strange prophet
has space in His heart.

(John the Baptist)
The prophet looks like a street person!
The prophet looks like a street person!
The prophet looks like a street person!
The was wearing an animal skin and
He was wearing an animal skin and

He spent three years in a close relationship with these flawed disciples.

They all flee for their lives when the Jews grabbed Him. They want nothing to do with His presence if it cost them something.

They are COWARDS at heart.

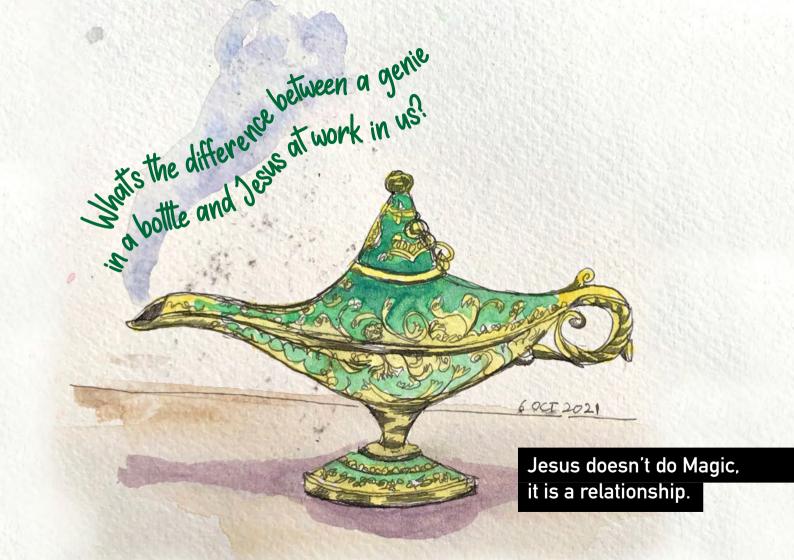
I Identify with them.

When He rises from the dead, He seeks out their presence.

It seems the only thing that will keep Him from coming to us

and making space for us is our own belief that

this type of PRESENCE could not exist.

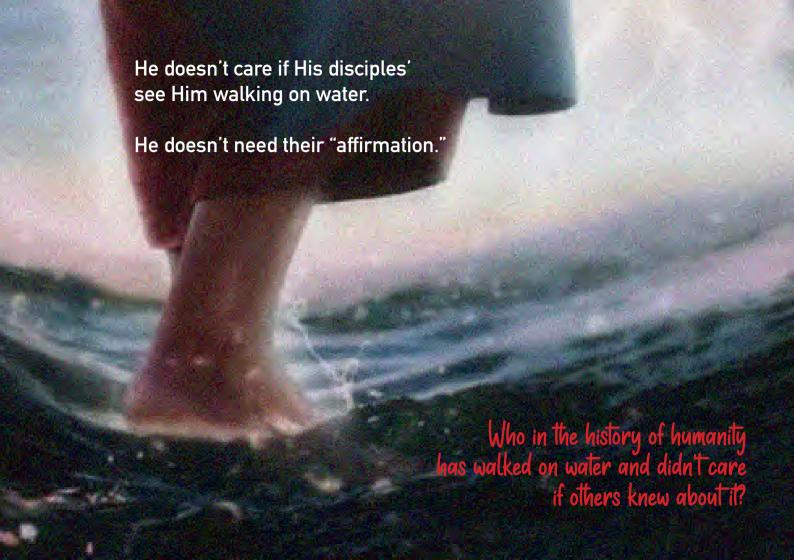


He didn't define Himself by what others thought.

Seeing them straining at the oars, for the wind was against them, at about the fourth watch of the night He came to them, walking on the sea; and He intended to pass by them.

Mark 6:48





To make a big SHOW of His power would just prompt them to wonder, is Jesus even human?

I don't want Him to be human. I want to make Him different so I don't feel the crushing weight of my own inadequacy.

He knew being present begins within.

He was always working to help those around Him to be present.

He always started within and wanted them to work from the heart.

He called out those who used the name of God but only focused on the outside...

"Whitewashed tombs, serpents and a brood of vipers."
Now that I understand.



His strongest words are reserved for those who have the appearance of being present in God but are only interested in looking good to the presence of those around them.

If I am honest, that was the basis of my 'goodness' for a good portion of my life. I looked good on the outside without dealing with issues on the inside.



What if you saw this man knocking at your door?

This is what our religious defences look like to God.

His words were as clear as the heart they came from.

He was the first human being to speak His whole life from the heart.

Every word rooted in the values of His life in the presence of God dwelling in Him.

There was no deceit in His words, so they knew exactly what He thought and felt about life and His presence in it. His words were in perfect and complete alignment with His presence in every situation.

I am beginning to understand why they wanted to kill Him.

He exposes you and you feel so inadequate.

His reverence was for God alone.

Isaiah 11:3

And He will delight in the fear of the Lord,

And He will not judge by what

His eyes see,

Nor make a decision by what

His ears hear:

He loved people.
He valued people.
But He didn't let them define His presence.

John 2:24
But Jesus, on His part, was not entrusting Himself to them, for He knew all men,



SUMMARY

He was more impressed with what God thought than what people thought.



He worked with people who didn't have their act together.



He always spoke from the heart.

Philippians 2:5- (MSG)

Think of yourselves the way Christ Jesus thought of himself.

He had equal status with God but didn't think so much of himself that he had to cling to the advantages of that status no matter what.

Not at all. When the time came, he set aside the privileges of deity

Having become human, he stayed human.

and took on the status of a slave, became human!

It was an incredibly humbling process. He didn't claim special privileges.

Instead, he lived a selfless, obedient life...

Okay, let's cut to the chase.

I don't understand how you can be fully present in pain, injustice, and suffering?

That is the one I don't get...

at ALL

I am angry, worn out and
I don't know what to do.





The CROSS

As if the above challenges are not enough. He takes being present to a whole new level.

He Emptied Himself

He took on all our fears



He took on all our brokenness.

He took on all our pain and suffering.

Everything that keeps us from being present. He took it on Himself.

He who knew no sin, took it on Himself and became it, so that we don't have to fear it anymore.





He didn't come to judge us.

He came to show us how far we have drifted away from His purpose for us.

His purpose was to LOVE US and in that love we could be fully present to all of life.

The terrifying truth is that we were made to live as Jesus did among us.

Nothing short of that will make us happy.



But I Can't Do it...





Welcome to the Human Race.

You are not alone. None of us can.



YET

Because of Jesus we may now stand in the presence of God.

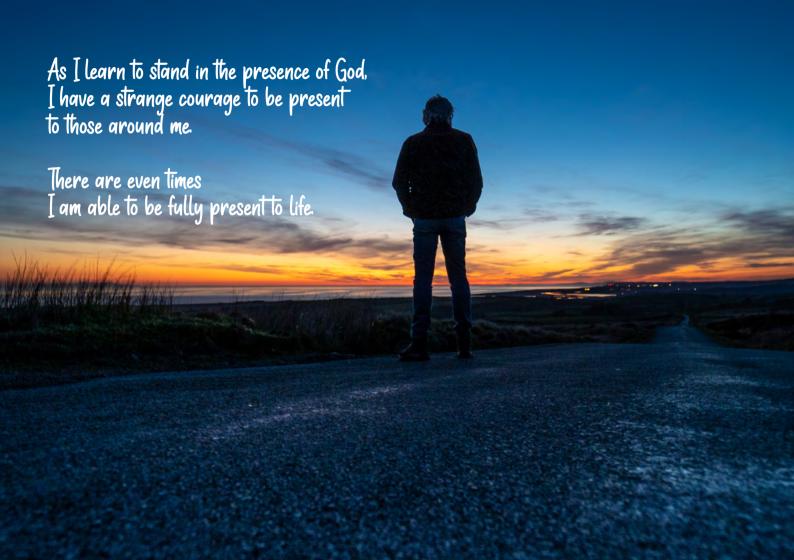
Whole

Forgiven

Fully Present

Nothing between us





Here is how to move forward.





C. S. Lewis said it this way:

Of his great humility He chose to be incarnate in a man of delicate sensibilities who wept at the grave of Lazarus and sweated blood in Gethsemane...

(Otherwise)

We should also have missed the all-important help of knowing that He has faced all that the weakest of us face, has shared not only the strength of our nature but every weakness of it except sin.



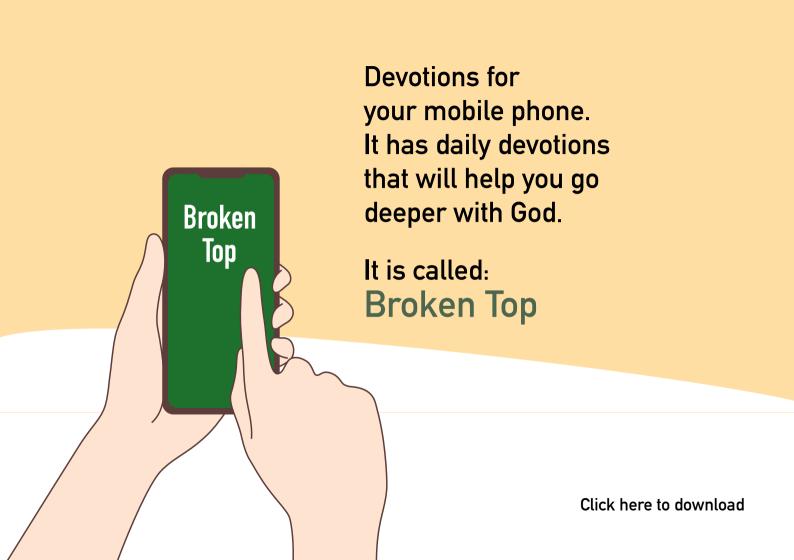
Please come and check it out and hang out with us.

Online Marketplace training: www.matthewrawlins.com (It's on Thinkific)

Ministry: www.brokentopleadership.com

Marketplace work: www.thegreenbench.com

email: mrawlins@mac.com



Other books I wrote to help Christians deepen their relationship with God.

Rediscovering Reverence

The path to intimacy

The Question

Is God good to all?

The Namer

How do I find my true identity?

Emails from Hell

Evil schemes to undermine a leader

Walked Naked into the Land of Uncertainty

5 keys for leadership into the unknown

Guardian

A journey to the heart

Humility

Emails from Heaven

An angels advice to his young apprentice.

The Long Sacred Journey:

Volume One

Reflections along the way

These are some I wrote to help leaders in the business world.

Finding the Pain in your @ss-umptions

A leadership tale

The Green Bench

A dialogue about leadership and change

The Green Bench II

More dialogue about leadership and communication

There's an Elephant in the Room

Discover the single most powerful tool for growth

The Lottery

A question can change a life.

The Race

How do you prepare yourself for the unknown?

Effective Leadership

In uncertain times

Courageous Leadership

In uncertain times

A Line Drawn in the Sand

3D Leadership

Leading well in tension and uncertainty

Available in Amazon.com

